



PIONEER VALLEY MOSQUITO CONTROL DISTRICT

FIGHT THE BITE

AND HELP PREVENT THE SPREAD OF MOSQUITO BORNE DISEASES



USE REPELLENT

Be sure to apply EPA approved insect repellents containing plant based eucalyptus or DEET when outdoors.



AVOID DUSK AND DAWN

Most mosquito species are very active at dusk and dawn. Avoid engaging in outdoor activities during these times whenever possible.



WEAR PROPER CLOTHING

Wearing long-sleeves and pants will significantly help reduce mosquito bites.



PREVENT ARTIFICIAL HABITAT

Buckets, plant pots, kiddie pools, tire swings, and anything that holds water should be emptied to prevent mosquito habitat.



FIX DOORS AND WINDOWS

Screens with holes should be repaired and be sure that all doors and windows are working properly to keep the mosquitoes out.



FIRST AID FOR BITES

Wash bite with soap and water and apply anti-itch cream. If necessary, apply a cold cloth to reduce swelling.

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Web: mass.gov/info-details/pioneer-valley-mosquito-control-district-pvmcd